

Digital Intelligence

For children to have a safe and positive experience of digital media they need to develop digital intelligence (IQ). Eight key skills **have been identified** as making up a child's digital IQ, with the development of these skills being supported through explicit teachings:

- **Digital citizen identity:** the ability to build and manage a healthy identity online and offline with integrity
- **Screen time management:** the ability to manage one's screen time, multitasking, and one's engagement in online games and social media with self-control
- **Cyberbullying management:** the ability to detect situations of cyberbullying and handle them wisely
- **Cybersecurity management:** the ability to protect one's data by creating strong passwords and to manage various cyberattacks
- **Privacy management:** the ability to handle with discretion all personal information shared online to protect one's and others' privacy
- **Critical thinking:** the ability to distinguish between true and false information, good and harmful content, and trustworthy and questionable contacts online
- **Digital footprints:** the ability to understand the nature of digital footprints and their real-life consequences and to manage them responsibly
- **Digital empathy:** the ability to show empathy towards one's own and others' needs and feelings online

